



MOUTHEFUL

a handcrafted eatery

IN BETWEEN BREADS

{all sandwiches are served with tasty pickled red cabbage}

la sarita {pork shoulder sandwich} 10

roasted pork shoulder, sweet potato, pickled red onions + aji amarillo aioli

senor pavo {turkey sandwich} 11

hand carved roasted turkey, fresh avocado, citrus radishes, romaine lettuce + sriracha aioli

el pollo no esta loco {chicken sandwich} 10

roasted chicken breast, heirloom tomato, shoestring potatoes, crisp arugula + caper herb aioli

lomo saltado {steak sandwich} 14

certified angus skirt steak, sauteed red onion, roma tomato, steak fries + house aioli

albondigo {meatballs of fire sandwich} 10

turkey meatballs, chipotle-tomato BBQ, melted provolone, kale pesto + crispy onion rings

estas frito pescadito {filet of fish} 12

rice flour crusted mahi, tropical peanut slaw, guajillo gastrique + secret sauce (pickled jalapenos on request)

very veggie, veggy good {veggie sandwich} 10

roasted portobello, red pepper, zucchini, heirloom tomato, eggplant, sweet onion, artichoke spread + balsamic drizzle.

REGARDING THE SIDES

small \$3.25 not so small \$5.00

mac & cheese

aged cheddar & gouda, ancho chile béchamel, portobello cracklings + potato chip crust

crispy zucchini sticks or artichoke hearts

with parmesan + jalapeno-cilantro ranch

sautéed green beans

sliced almonds, sesame oil, balsamic, soy + a touch of honey

crispy fried yuca with huancaína

{peruvian cheese sauce}

shoestring french fried potatoes with huancaína

{peruvian cheese sauce}

tropical slaw

white & red cabbage, fresh apples, dried cranberries, virginia peanuts

daily special side small \$3.25 not so small \$5.00

GREENS AND POWERBOWL

{all salads served with freshly baked bread}

chop chop {chopped salad} 11

roasted turkey breast, farmers cheese, arugula, roasted potatoes, cucumber, heirloom tomato, green beans + lemon vinaigrette

hail to the kale {tasty kale salad} 11

baby kale, organic tofu, roasted hazelnuts, valencia orange, roasted mushrooms and butternut squash + maple-miso vinaigrette

south by southwest {southwestern salad} 11

roasted chicken, romaine, charred corn, black beans, avocado, heirloom tomato, cheddar, pumpkin seeds + cilantro-jalapeno ranch

arnold bowlzenegger {filled with goodness} 12

eight ounces of roasted turkey, steamed quinoa, grilled veggies, chipotle-bbq sauce

FOR THE FOODIES IN TRAINING (kids menu)

{includes small lemonade or bottled water}

fingers and potatoes 6

crispy chicken strips, shoestring potatoes + baked apples

turkey sliders 6

roasted turkey, provolone, fried yuca + baked apples

mac & cheese with roasted chicken 6

SWEET ENDINGS

salted caramel alfajores {you get 4} 3.25

stuffed peruvian shortbread cookies

coconut flan or flan de coco seasonal dessert 4.00

just like the one you wish your mom made!

seasonal bread pudding with vanilla bean ice cream 6.00

WHAT TO DRINK

lemonade clasica, cucumber & mint lemonade, 3.75

pineapple agua fresca 3.75

tropical ice-t 2.50

mexican cocacola, inca cola, fanta, 2.50

coca-cola fountain drinks {free refills}

intelligentsia coffee 2.50

WE DELIVER
catering available

805.777.9222

2626 e. thousand oaks blvd.